

## Hematological and Biochemical parameters study of female albino rats treated with lamotrigine drug

Gawhar Ahmed Shekha , Kalthum Asaaf Maulood

Department of Biology, College of Education, Salahaddin University , Hawler , Kurdistan region , Iraq

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#### Corresponding Author:

Name: [Kalthum Asaaf Maulood](#)

E-mail: [Kalthuma5@gmail.com](mailto:Kalthuma5@gmail.com)

Tel:

### ABSTRACT

The present study was aimed to investigate the possible effects of the anti-epileptic drug lamotrigine (LTG) on some haematological and biochemical parameters in adult female rats. Forty-eight female rats were divided into three groups (each group=16). Group one can be considered as a control group, group two and three administrated lamotrigine drugs orally at a dose of 3.57mg/kg body weight and 7.14mg/kg body weight for 7,14,21,28 day and all groups fed with standard rat feed. The results showed that there were significant ( $P \leq 0.05$ ) changes in haematological parameters in group two and three when compared with the control group during all period except the mean level of corpuscular haemoglobin concentration (MCHC). The liver enzyme aspartate transaminase (AST) and alanine transaminase (ALT) and serum urea, creatinine with calcium, potassium, sodium and chloride ion showed significant alteration in the treated group, the relative organ weight showed significant changes in group two and three in comparison with control group during 7,14,21 and 28 days. Estradiol level in group three increased at 7, 14 and 21 day and decreased at 28 days of treatment when compared with group two and the control group. This study suggested that treatment of healthy female albino rats with therapeutic doses of lamotrigine drug for 28 days generally affect on included parameters in this study.

### 1. Introduction

Numerous non-epileptic central nervous system disturbances were treated with Antiepileptic drugs (AEDs), in both psychiatry and neurology[1]. AEDs have many mechanisms of action, which comprise modification of c-aminobutyric acid and glutamatergic neurotransmission, and changes of voltage-gated ion channels or intracellular signaling route. These mechanisms of action may describe the efficiency of AEDs in the treatment of epilepsy, bipolar disturbance and neuropathic ache [2]. Lamotrigine consist of 6-(2,3- dichlorophenyl)-1,2,4-triazine 3,5-diamine C<sub>9</sub>H<sub>7</sub>Cl<sub>2</sub>N<sub>5</sub> is a new antiepileptic drug derived from pyrimethamine, which differs from ordinarily available AEDs. It has an effective role in treating both partial and generalized seizure [3].

Lamotrigine effort its antiepileptic activity by blocking the release of excitatory neurotransmitters, especially glutamate and aspartate in the central nervous system [4]. LTG considered as the second generation of anti-epileptic drug (AED) that has been widely used for partial and generalized seizures in

adults and children if it's used as monotherapy or in combination with other AEDs [5]. In addition, because of its safety feature, it has been recognized as a first line drug for the treatment of women during pregnancy and childbearing age [6]. LTG display first request linear pharmacokinetics following oral administration, it is rapidly and completely absorbed into the circulatory system with an extreme concentration in plasma after 1–3 hours [7]. Hepatic metabolism is the main path of lamotrigine elimination, unchanged LTG excreted by renal system accounts for less than 10% [8].

In most countries, women constitute the broadly of users of these new AEDs [9]. In a study, mice treated with lamotrigine 6 and 12 mg/kg-1 bm for 21 days showed that a significant increase in total white blood cell count [10]. Healthy rats treated with lamotrigine for different periods noted a significant increase in blood parameters when compared with the control group [11]. There were no significant changes in hematological parameters among healthy males treated with 50mg lamotrigine [12] Milosheska *et.al.*

2016 [13] showed non-significant differences in serum AST and ALT in patients treated with lamotrigine at dose 50mg/day. After long-term treatment with lamotrigine in male and female rats, no changes were demonstrated in liver, kidney and brain weight [14]. Lamotrigine does not alter the serum concentrations of estradiol when used with another ant-epileptic drug in healthy female [15]. This study aimed to quest the effect of two doses of lamotrigine drug on some haematological, biochemical, ions, estradiol level of a female albino rat for different periods.

## 2. Materials and Methods

### 2.1. Drug

Lamotrigine drug was used in the present work which manufactured by ELEA neuroscience Company, Argentina, obtained from a local market (pharmacy) in Hawler province-Iraq. The applied therapeutic dose was 3.57mg/kg bw and 7.14mg/kg bw. The applied doses were orally administrated by gavage once daily for 7, 14, 21 and 28 days. Determination of drug doses were depended on the animal's body weight [16].

### 2.2. Animals

Forty-eight healthy adult female albino rats of Wistar strain, Sprague-Dawley, weighing between 125-175gm. Obtained from the animal house in the Department of Biology, College of Education, University of Salahaddin-Erbil were used. The rats were housed in plastic cages under a standard condition at  $22 \pm 2$  °C temperature with, 12:12 light/dark cycle during the experimental period. They were fed with pellet diet and tap water *ad libitum* at least for 7 days before the experiment. Animals were divided into 3 experimental groups of 16 rats per group. The 3.57mg/kg bw and 7.14mg/kg bw dose of LTG administrated orally by gavage to each treated animals every morning once daily for 7,14,21,28 days according to animal body weight, while the control group administrated with 1 ml water for 7, 14, 21, 28 days.

### Blood collection

Blood was collected from each animal through cardiac puncture and collected into sterilized EDTA tubes for evaluation of hematological parameters such as white blood cell (WBC) count, red blood cell

(RBC) count, hemoglobin (Hb) concentration, Packed cell volume (PCV) level, red blood cell indices (mean corpuscular hemoglobin (MCH), mean corpuscular volume (MCV), and mean corpuscular hemoglobin concentration (MCHC)) and platelet (PLT) count by using automated hematology analyzer (Japan). Serum was separated using gel tube and centrifuged at 3000 rpm for 15 minutes and then stored frozen until used.

**Liver enzymes:** Serum used to determine aspartate transaminase, alanine transaminase using the kits for each test by Cobas E411.

**Kidney function test:** Serum used to estimate, urea and creatinine using the kit for each one.

**Ion evaluation:** Serum used to evaluate calcium, potassium, sodium and chloride ion levels

**Hormonal Assay:** Serum used to determine estradiol level using ELISA.

**Organs Weight:** At the end of the treatment, each rat was sacrificed using ketamine hydrochloride (100mg/kg bw) the liver, kidney, brain, and lung were removed, cleaned from adherent tissues and weighted.

**Statistical Analysis:** Data was analyzed using factorial test and Duncan according to the Statistical Package for Social Science (SPSS) system version 20. The level of significance was accepted under level probability 0.05. [17]

### Results

Treatment of rat with two doses of lamotrigine drug for 28 days were associated with a significant decrease in haemoglobin concentration in group 3 (7.14mg/kg bw) in days 7, 21 and 28, in day 14 increased significantly, group2(3.57mg/kg bw) decreased significantly in days 14 and 28 when compared with control group. Packed cell volume level decreased significantly in group3 in days 7, and 28, group 2 decreased significantly in days 14 and 28, with a nonsignificant decrease in group 2 and 3 in day 21. White blood cell count decreased significantly in group 3 in days 7 and 21 and increased significantly in day 28 when compared with group 2 and the control group. About platelet count, the statistical analysis showed a significant increase in group 3 in days 7 and 14, with a non-significant increase in both groups in day 28 (Table 1).

**Table (1): Mean  $\pm$  S.E. of lamotrigine drug effect on haemoglobin concentration, packed cell volume, white blood cell count and platelet count of rat treated with 3.57mg, 7.14mg, and control group**

for 28 days.

Groups	M±S.E. of Haematological parameters			
	Hb gm/dl	PCV %	WBC 10 <sup>9</sup> /l	Plate10 <sup>9</sup> /l
Treated for 7 days				
Control	12.18±0.40ef	30.85±1.93d	10.70±1.08b	624.75±24.16cd
Group2	13.08±0.28edc	35.13±0.63bc	8.80±0.35cb	676.68±9.52bc
Group3	11.95±0.21f	30.38±1.02d	6.73±0.83d	741±34.66ba
Treated for 14 days				
Control	13.50±0.14bc	36.83±0.23b	10.88±0.28b	483.71±11.65e
Group2	12.53±0.42edf	32.85±1.30c	10.43±0.72b	795.32±73.87a
Group3	13.88±0.41bac	37.15±1.15ba	10.83±0.36b	731±12.73ba
Treated for 21 days				
Control	14.63±0.08a	39.95±0.22a	10.85±0.52b	643.65±38.83bcd
Group2	14.18±0.17ba	38.13±0.46ba	7.97±0.39cd	735.50±35.72ba
Group3	13.33±0.49bdc	37.63±1.51ba	6.30±0.07d	595.50±27.30cd
treated for 28 days				
Control	13.73±0.36bac	37.23±0.83ba	7.25±1.13cd	566±10.09cd
Group2	12.43±0.26edf	31.38±0.34d	13.65±0.43a	573.75±11.21ed
Group3	13.68±0.28bac	36.78±0.39ba	10.85±0.67b	585.13±9.37ed

Means with the same letter are not significantly different

Red blood cell (RBC) count and indices in days 7, 14, 21 and 28 of all experimental group were demonstrated in the table (2). RBC count in group 2 and 3 decreased significantly in days 21 and 28 and insignificantly in day 14, and day 7. Group 2 increased significantly while group 3 decreased when compared with the control group. Both of two groups showed a significant decrease in the level of mean

corpuscular volume in days 21 and 28 with a nonsignificant decrease in day 14 and non-significant alteration in day 7, mean corpuscular haemoglobin level decreased non-significantly in days 21 and 28, significant differences in day 14. Mean corpuscular haemoglobin concentration level increased significantly in group 2 and 3 in day 28, non-significant increase in days 7, 14 and 21.

**Table (2): Mean ± S.E. of lamotrigine drug effect on red blood cell and RBC indices of rat treated with 3.57mg, 7.14mg, and control group at 28 days of treatment.**

Groups	M±S.E. of Haematological parameters			
	RBC 10 <sup>12</sup> /l	MCV fl	MCH pg	MCHC gm/dl
treated for 7 days				
Control	6.05±0.16fe	52.35±0.85dc	20.43±0.59ba	38.17±0.60a
Group2	6.40±0.31dec	56.98±1.29a	20.13±0.49b	38.90±0.84ba
Group3	5.69±0.13f	54.08±1.39bac	20.90±0.27ba	39.18±1.21a
treated for 14 days				
Control	6.38±0.19dec	54.78±0.13bac	20.75±0.21ba	36.38±0.23ba
Group2	6.32±0.21de	53.08±1.42c	20.23±0.39b	38.78±0.57a
Group3	6.00±0.11bdec	56.57±1.33bc	21.73±0.61a	38.50±0.56a
treated for 21 days				
Control	7.20±0.17a	56.85±0.59a	21.18±0.43ba	36.83±0.17ba
Group2	6.58±0.18bdec	55.40±0.68bac	20.55±0.39ba	37.45±0.34ba
Group3	6.72±0.23bdac	53.58±0.89bc	20.13±0.42b	37.63±0.43ba
treated for 28 days				
Control	6.98±0.16bac	55.15±0.81bac	20.45±0.14b	34.23±0.44ba
Group2	6.42±0.12dec	49.68±0.40d	20.28±0.74ba	36.35±3.06b
Group3	6.08±0.14ba	53.50±0.51bc	20.38±0.22ba	38.23±0.34a

Means with the same letter are not significantly different

Table (3) shows that the level of liver enzymes which include aspartate transaminase (AST) and alanine transaminase (ALT). AST level in group 2 increased significantly, while in group 3 decreased significantly in days 7,14 and 28, and both of them changed non-significantly in day 21. The significant decrease

observed in the level of ALT in group 3 in days 14 and 21, and non-significantly in days 7 and 28. Group 2 decreased non-significantly during all period except in day 14, serum urea and creatinine level increased significantly in group 2 and 3 in day 14, while in days 7,21 and 28 the level decreased gradually.

**Table (3): Mean ± S.E. of lamotrigine drug effect on serum AST, ALT, urea and creatinine of rat treated with 3.57mg, 7.14mg, and control group at 28 days of treatment**

Groups	M±S.E. of Biochemical parameters			
	AST U/L	ALT U/L	Urea mg/dl	Creatinine mg/dl
treated for 7 days				
Control	191.50±0.65bc	63±1.29a	49.50±1.55a	0.45±0.06b
Group2	211.75±23.05ba	64.25±1.38a	41.75±0.85bc	0.33±0.05c
Group3	147.48±6.28d	61.50±4.11ba	45.23±1.11ba	0.40±0.03cb
treated for 14 days				
Control	154.25±1.89dc	63.75±1.93a	29.52±0.96f	0.35±0.03a
Group2	223.71±28.99ba	51.25±2.39dc	38±041edc	0.40±0.04cb
Group3	138.74±4.59d	51.75±2.87dc	43.50±1.44bac	0.42±0.06cb
treated for 21 days				
Control	155.50±7.93dc	55.25±1.11bc	34.50±3.97edf	0.40±0.07cb
Group2	159.25±6.49dc	49.72±1.49dc	34.19±3.47edf	0.37±0.08cb
Group3	144.75±9.59d	45.51±5.48d	31.25±3.20ef	0.28±0.01a
treated for 28 days				
Control	204.25±12.39ba	64.25±0.48a	38.24±2.81bdc	0.40±0.02cb
Group2	240.50±13.53a	61.22±1.11ba	35.71±1.26bdc	0.33±0.01c
Group3	136.50±9.12d	63.47±0.65a	37±0.41edc	0.36±0.07cb

Means with the same letter are not significantly different

A significant increase of liver weight was observed in group 3 in days 7 and 21 and non-significantly in group 2 and 3 in days 14 and 28. Right, and left kidney weight increased significantly in group 3 in

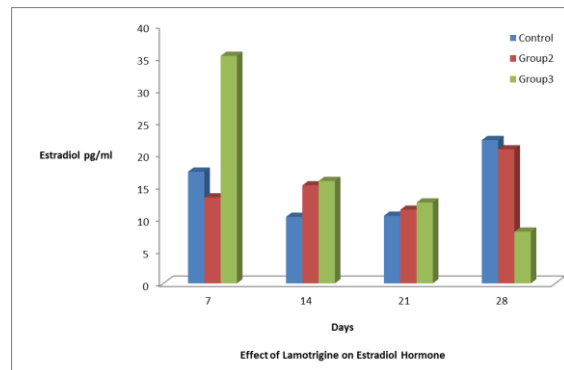
day 7. Lung weight decreased significantly in group 3 in day 7 while brain weight increased significantly in group 2 and 3 in days 14 and 28 and non-significantly in days 7 and 21. (Table 4).

**Table (4): Mean ± S.E. of lamotrigine drug effect on the liver, right and left kidney, lung, and brain of rat treated with 3.57mg, 7.14mg and control group at 28 days of treatment.**

Groups	M±S.E. of Organ weight mg				
	Liver	R. kidney	L. kidney	Lung	Brain
treated for 7 days					
Control	5.83±0.22dc	0.62±0.04b	0.52±0.03c	1.57±0.19a	1.70±0.08cbd
Group2	6.87±0.52ba	0.70±0.05ba	0.57±0.02bc	1.30±0.07ba	1.72±0.02cbd
Group3	7.50±0.15a	0.76±0.03a	0.69±0.06ba	1.19±0.12b	1.79±0.06cb
treated for 14 days					
Control	6.28±0.08bdc	0.72±0.05ba	0.63±0.02bac	1.47±0.01ba	1.48±0.01e
Group2	7.31±0.39ba	0.73±0.02ba	0.67±0.03bac	1.42±0.09ba	1.70±0.02cbd
Group3	7.15±0.33ba	0.75±0.05a	0.72±0.05a	1.47±0.15ba	1.82±0.01b
treated for 21 days					
Control	7.08±0.11ba	0.69±0.01ba	0.67±0.02ba	1.49±0.07ba	1.60±0.03cbd
Group2	6.39±0.10bdc	0.62±0.05b	0.58±0.04bc	1.29±0.07ba	1.65±0.03d
Group3	5.52±0.14d	0.61±0.01b	0.58±0.01bc	1.22±0.04b	1.69±0.03cd
treated for 28 days					
Control	6.62±0.27bac	0.73±0.05ba	0.66±0.04ba	1.41±0.02ba	1.53±0.03a
Group2	6.99±0.67ba	0.68±0.02ba	0.64±0.05bac	1.38±0.08ba	1.68±0.04cd
Group3	7.23±0.16ba	0.72±0.03ba	0.65±0.04ba	1.40±0.07ba	1.79±0.06cb

Means with the same letter are not significantly different

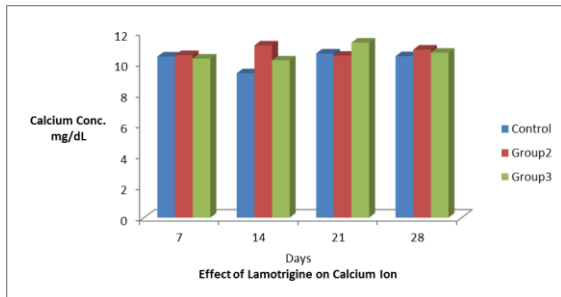
Effect of lamotrigine on estradiol level observed in fig. (1). A significant increase was shown in group 2 and 3 in day 7, nonsignificant increase in days 14 and



21 with a significant decrease in day 28 when compared with the control group.

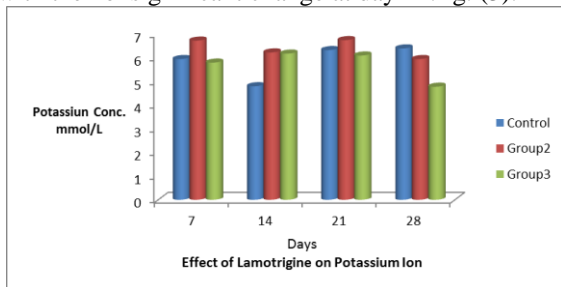
**Figure (1): Effect of lamotrigine on serum estradiol level after days 7,14,21 and 28 in female rat treated with 3.5mg,7.14mg, and control group.**

Figure (2) demonstrated a significant increase in calcium ion level in group 2 and 3 in days 14 and 21 with non-significant changes in days 7 and 28.



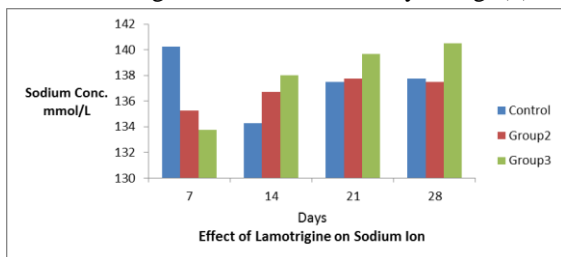
**Figure (2): Effect of lamotrigine on serum calcium ion level after 7, 14, 21 and 28 days in female rat treated with 3.5mg, 7.14mg and control group.**

Potassium ion level increased significantly in group 2 and 3 in day 14 and a significant decrease in day 28 with the nonsignificant change at day 21. fig. (3).



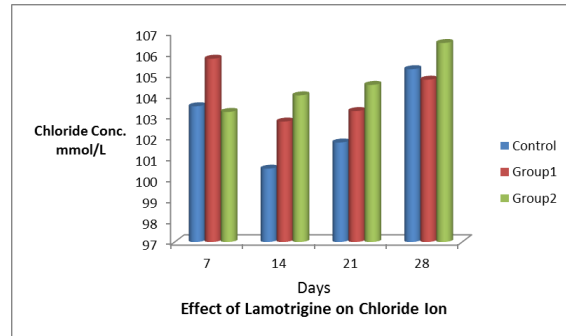
**Figure (3): Effect of lamotrigine on serum potassium ion level after 7, 14, 21 and 28 days in female rat treated with 3.5mg, 7.14mg, and control group.**

According to sodium ion level, there was a nonsignificant increase in group 2 and 3 in days 14, 21 and 28, a significant decrease in day 7. Fig. (4).



**Figure (4): Effect of lamotrigine on serum sodium ion level after 7, 14, 21 and 28 days in female rat treated with 3.5mg, 7.14mg, and control group.**

Fig. (5) showed chloride ion level in group 2 and 3 which non-significant in days 7,21and 28 and a significant increase in group3 in day 14.



**Figure (5): Effect of lamotrigine on serum chloride ion level after 7, 14, 21 and 28 days in female rat treated with 3.5mg, 7.14mg, and control group.**

**Discussion**

Antiepileptic drugs (AEDs) prescribed as typical treatment and are widely used for not only epilepsy, bipolar disorder, and chronic pain but also for a diversity of nonepileptic conditions [18]. One out of three antiepileptic drugs users used these drugs for epilepsy [19]. A huge number of AEDs are obtainable. Since 1990, 16 new or second-generation AEDs have been recorded, and lamotrigine is one of them [20]. Lamotrigine after oral administration is quickly and completely absorbed from the gastrointestinal tract with Tmax values of 2.2 hours. Food does not affect the bioavailability of lamotrigine and the pharmacokinetics are dose relative [21]. By glucuronidation, N-2 glucuronide is considered as a major metabolite of Lamotrigine [22].

In healthy volunteers, the elimination half-time is 32.8 hours [21]. The present study showed significant in hematological parameters especially in hemoglobin concentration, packed cell volume and white blood cell count in group 2 and 3 in days 7 and 28, this result is in agreement with Adeneye *et.al.* 2006 [23] who noted that, the blood considered as an appropriate medium of transport for numerous drugs in the human body and for that matter components of red blood cells, white blood cells, haemoglobin, and platelets are exposed to notable concentrations of toxic compounds, as damage and demolition of the blood cells which are harmful to the normal functioning of the body.

About 1-3 million blood cells (erythrocytes, leucocytes, and platelets) produced in a healthy adult and this value could be changed in abnormal physiological or pathological condition [24]. The normal ranges of haematological parameters and blood formation rate were affected by these drugs which including cytotoxic agents [25]. LTG does not change the weights of many organs or laboratory measures such as complete blood count and biochemical parameters [26].

In healthy volunteers, using lower doses of lamotrigine (25mg/day) may be hard to measure in clinical laboratory method; while high doses cause serious adverse events [12]. Serum AST, ALT, urea, and creatinine were altered and the value of some of them were significant and others were not. A

significant increase of liver enzymes ALT & AST was observed at the end of 21 days of treatment with lamotrigine in adult male Wistar rats after picrotoxin treatment-induced convulsions [27]. Many studies recorded that most antiepileptic drugs could cause hepatotoxicity, LTG caused a temporary elevation of liver enzymes without appearing symptoms or signs of hepatic dysfunction to hepatotoxicity [28].

Serum AST and ALT are good index of liver function and increasing of these enzymes can be used as biomarkers to prewise the possible toxicity of lamotrigine drug [29]. These enzymes play an important role in different metabolic routes [30]. Level of AST and ALT increased significantly in the group treated with lamotrigine which showed the lamotrigine effect on liver function and often suggests the presence of liver problems [31]. While Fayad and Choueiri, 2000 [32] reported that the discontinuous use of LTG does not affect liver function and liver enzymes. In spite of using lamotrigine or any medical does, dietary choline deficiency and physical exercise may cause elevation of liver enzymes [33].

Ali *et.al.* 2003 [34] revealed that acute treatment with any dose of LTG (1.3, 2.6 and 5.2 mg/kg) does not affect many biochemical parameters, and chronic treatment (21 days) with all doses of LTG did not exhibit any hepatotoxic activity. Second-generation antiepileptic drugs cause less induction of liver enzymes in comparison to the first generation antiepileptic drugs [35]. In this study (fig.1), showed level of estradiol after 28 days of treatment with

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lamotrigine changed significantly when compared with control group, this result is similar with [(36) which proved that, healthy female patients took lamotrigine and the combined oral contraceptive, individually or as co-therapy for 130 days, recorded slight effect of lamotrigine on estradiol level. Lamotrigine drug reduces estradiol level [37]. While [11] found that, healthy rats treated with lamotrigine for different period caused a significant increase in the level of estradiol.

Lamotrigine is considered traditional sodium channel-blocking antiepileptic drugs, is confirmed its therapeutic effects by reacting with sodium channels [38]. A large reduction of the high-voltage-activated calcium currents produced by lamotrigine and slight use-dependent inhibition of the sodium conductance [39]. Sodium inward current, voltage-gated-calcium currents and the transient potassium outward current affected by lamotrigine drug may cause potent mechanisms to inhibit pathological irritation in epilepsy and a possible advantage in treating disturbances in bipolar disorder [40].

## Conclusion

Treating of female albino rats with two doses of lamotrigine drug for 28 days have a significant effect on altering the level of most hematological, biochemical parameters, ions, and estradiol level included in this study, Further studies are necessary to investigate the high doses and long-term effect of this drug on healthy and epileptic rats.

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دراسة بعض المعايير الدموية والكيموحيوية في انثى الجرذان البيض المعاملة بعقار اللاموترجين

كوهر احمد شيخه ، كلثوم عساف مولود

قسم علوم الحياة ، كلية التربية ، جامعة صلاح الدين ، اربيل ، إقليم كردستان ، العراق

### الملخص

صممت هذه التجربة لتقييم تأثير عقار اللاموترجين المضاد للصرع على بعض المعايير الدموية والكيموحيوية في أنثى الجرذان البيض. استخدمت ثمانية وأربعون جرذاً قسمت إلى ثلاثة مجاميع (كل مجموعة = 16 جرذ) ، المجموعة الأولى استخدمت كمجموعة تحكم والمجموعة الثانية والثالثة تم تجريبهم يومياً عن طريق الفم ب 3.57 ملغم/كلغم و 7.14 ملغم/كلغم و وزن الجسم على التوالي ولمدة 28,21,14,7 يوماً وكل المجاميع تغذت على العلف القياسي. أظهرت النتائج أن هناك تغير معنوي في العوامل الدموية في المجموعة الثانية والثالثة مقارنة بمجموعة التحكم في جميع الفترات الزمنية عدا معدل تركيز خضاب الدم. حصل تغير معنوي في مستوى انزيمات الكبد ومستوى اليوريا والكرياتينين في مصل الدم ومستوى عنصر الكالسيوم والبوتاسيوم والصوديوم والكلورايد في المجموعتين الثانية والثالثة ، تغير وزن الاعضاء في المجموعة الثانية والثالثة عند مقارنة بمجموعة التحكم خلال 28,21,14,7 يوماً. ارتفع مستوى هرمون الاسترديول في المجموعة الثالثة في اليوم السابع والرابع عشر والحادي والعشرون وانخفضت في اليوم الثامن والعشرون عند مقارنة بالمجموعة الثانية ومجموعة التحكم. تستنتج من هذه الدراسة أن معاملة الجرذان بعقار اللاموترجين ولمدة 28 يوماً بشكل عام له تأثير على العوامل المدروسة في هذا البحث.